

The
Europe
Challenge



East Lothian
Council



TechTalk

Learning together about digital wellbeing in East Lothian

Carolyn Dineen

Senior Librarian - Schools &
Young People's Services

The Funding



- €10,000 from the European Cultural Foundation
- brings together libraries and communities to address Europe's key transitions - social, digital, green
- implementing creative solutions via libraries with community partners
- mentoring, training, and sharing professional best practice across Europe

The Challenge



- Scottish teachers report abuse of devices by pupils (Behaviour in Scottish Schools 2023); as do library staff
- pupils worry about online content normalising prejudice (TIE Scotland Focus Groups 2025)
- only 1 in 5 English parents feel very confident about what their child is doing online (Digital Childhoods Survey 2024)
- 21% increase in online child sexual abuse and exploitation in 2023-24 (Police Scotland)

The Challenge



- 96% of P6 pupils in East Lothian agree they know how to stay safe online (East Lothian SEE Survey 2024-25)
- 34% of 8-12 year olds haven't talked to their parents about online safety in the last year, rising to 48% for ages 12-15 (CyberSafe Kids Ireland 2025)
- meanwhile, adults are making decisions about young people's technology use
- challenge presents an opportunity for discussion and inter-generational learning

The Solution*

- an interactive, family learning group of young people (6-11) and their grown-ups based in Wallyford Learning Campus
- facilitated by youth work and library professionals
- open conversations around digital wellbeing, internet safety, misinformation, and decision-making around technology use
- co-create a resource for wider use (East Lothian, Scotland, and beyond!)

***or a start, at least!**

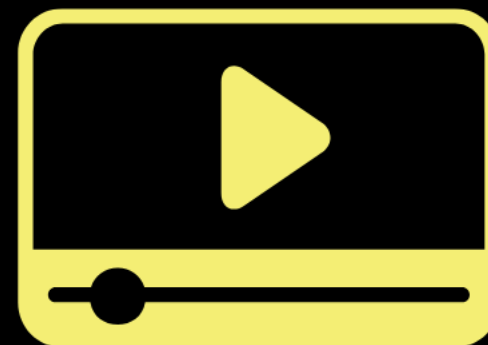


Not pictured: Katy, Isla, Fraser

The Sessions

- 23 Feb** Information session
- 10 Mar** Getting to know each other & our digital lives
- 17 Mar** Devices & screen time
- 24 Mar** Online bullying & social media
- 31 Mar** Library resources, computer games, filming
Break for Easter
- 21 Apr** AI (with CyberSkills Live)
- 28 Apr** Resource-making (part 1)
- 5 May** Resource-making (part 2)
- 12 May** Resource-making (part 3)
Break for artist to do his magic!
- 9 June** Resource review & editing
Summer holidays
- 9 Sep** "Tech Titans" comic book launch

when libraries are...
GUIDES



Digital Safety & Online Bullying



Hero
Tech Police
Weapon
The Investigator



Villain
O.B. (Online Bully)
Weapon
Claws



World
Online City

**How do I keep
safe online?**

Artificial Intelligence



Hero
Creative Flo
Weapon
The Flow



Villain
AI-la
Weapon
Viry the Virus



World
The Flow

**How do I know
what is real?**

Screen Time vs. Wellbeing



Hero
Outside Kat
Weapon
TGO Wand



Villain
E-Goblin Data
Weapon
Data stealer 4000



World
Wellbeing
World

**How do I escape the
screens when it all
gets too much?**



Online City

I was working night shift, following some digital footprints...



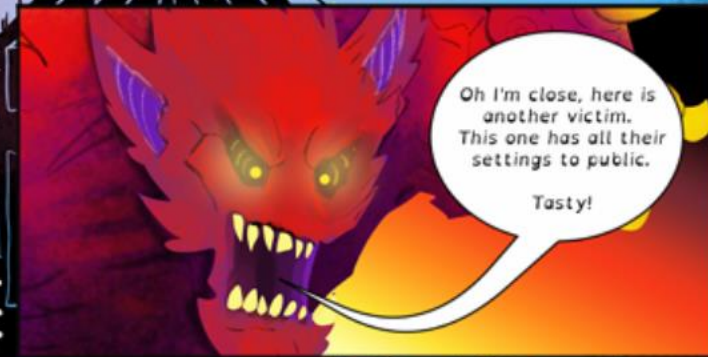
...they led me past the Cookie District, it was clean.

But the people were scared, and the footprints were big.

What is causing this?



Tech Police did not realise something big was preying on those in the city.



Oh I'm close, here is another victim. This one has all their settings to public.

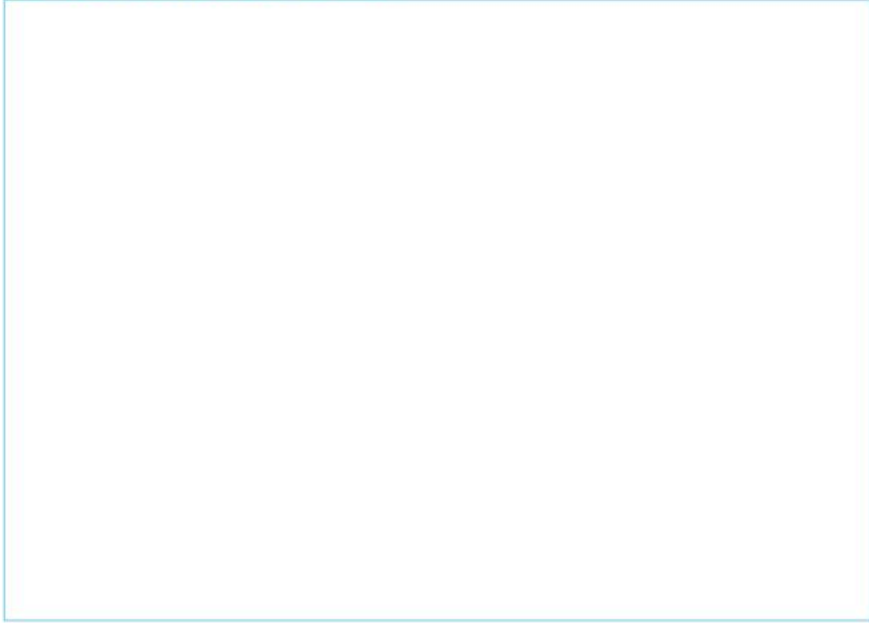
Tasty!



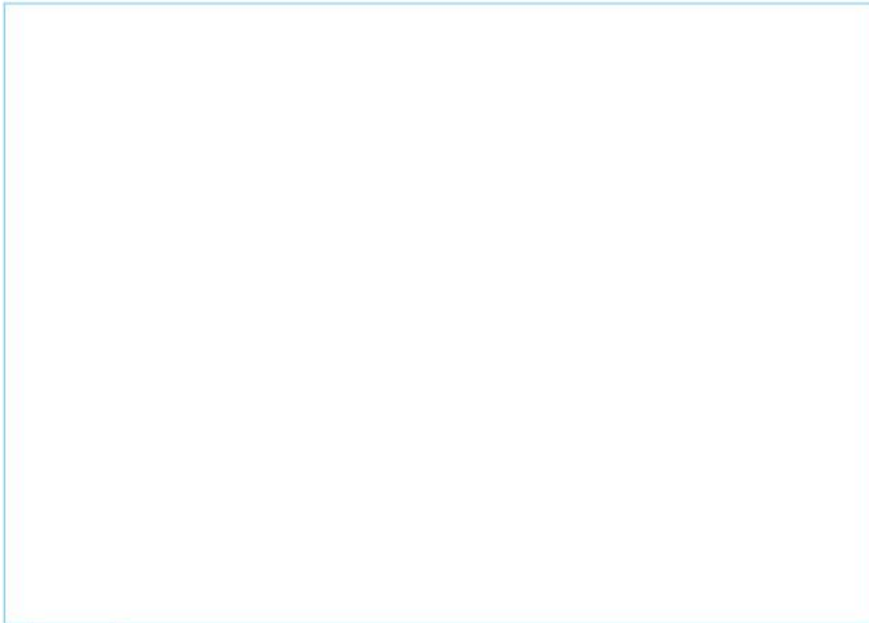
Tech Police, Freeze! Stop there Online Bully, come quietly or else!

GRRR!

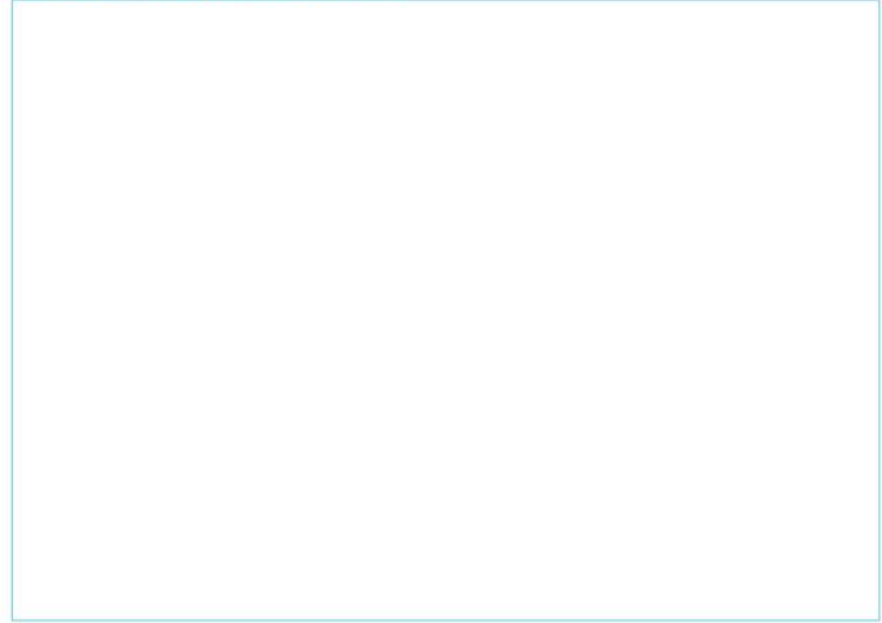
How do I keep safe online?



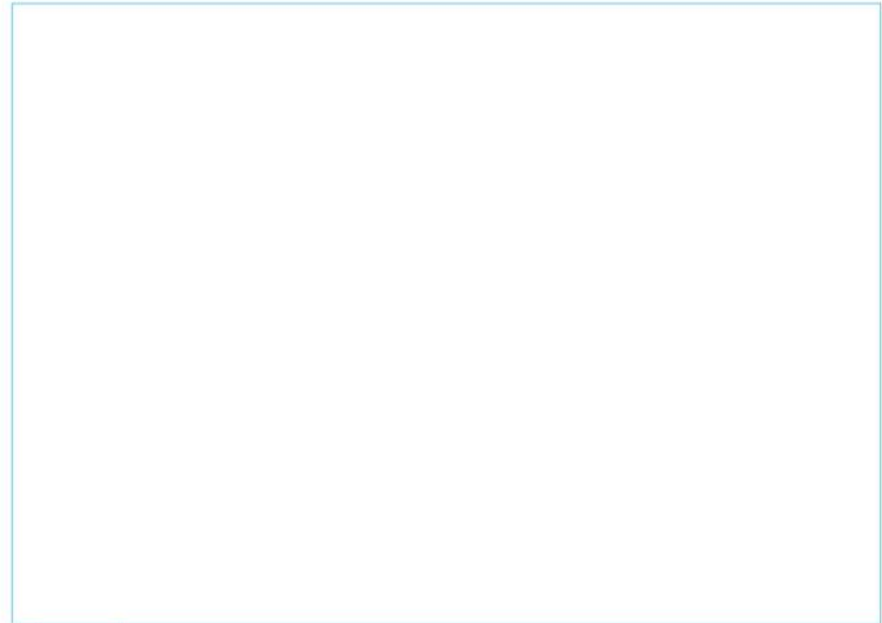
What happens next?



How do I keep safe online?



What happens next?



TechTalk East Lothian • 1 • 1mo

TechTalk - Resources & Comic

Tech Titans: the comic book

What happens next? Your comics

How do I stay safe online?

How do I know what is real?

How can I manage screen time?

Other helpful resources

About TechTalk

Pinned

TechTalk East Lothian
4 months ago

Explore digital wellbeing with the Tech Titans!



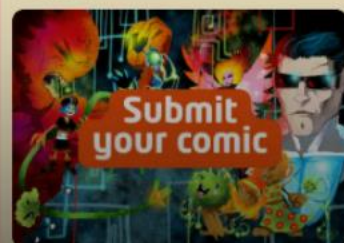
Tech Titans: A TechTalk comic book

Tech Titans is an interactive comic book created by young people and parents to spark conversations about digital wellbeing. It is

Pinned

TechTalk East Lothian
2 months ago

Submit your Tech Titans comic!



Have you used Tech Titans and answered the Big Question: What happens next? Send us a scan or photo of your comic pages to

TechTalk East Lothian
2 months ago

Internet Matters



internetmatters.org

Internet Matters

Because children deserve a safe digital world.

Add comment

Emma Laverie
3 months ago

AI Explained for Children



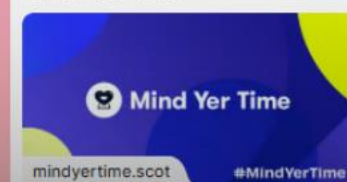
YouTube

What is AI? - AI explained for and by children! (part 1)

Add comment

Emma Laverie
3 months ago

Mind Yer Time



mindyertime.scot #MindYerTime

Home - Mind Yer Time

Designed by children and young people from the Children's Parliament and the Scottish Youth Parliament, Mind Yer Time has been created to support everyone who loves social media and screen time. We've got positive tips, stories and information for children and young people, to help you use your screen time positively!

Add comment

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TechTalk East Lothian
2 months ago

TechTalk: the collection

eastlothian.spydus.co.uk

Search results | East Lothian Council

Browse our library catalogue for our TechTalk collection of books all about online safety, digital wellbeing, AI and more! Books are available to loan at Margaret Oliphant Library at Wallyford Learning Campus.

Read one of the books or have a suggestion for the collection? Email cdineen@eastlothian.gov.uk with your review or recommendation!

Add comment

Pinned

TechTalk
3 months ago

About TechTalk



YouTube

When libraries for Europe, Scotland

TechTalk is a Libraries and Communities The European through their Challenge project brings together librarians, community experts to lead digital wellbeing

For more information



SCAN ME

padlet.com/techtalkeastlothian/techtalk



The Launch



What's next?

- getting the comic book out there and used in schools, community centres, libraries, and other organisations with help of participant and volunteer ambassadors
- developing training guide and programme for using comic book
- extending learning for parents, children, teachers, community and library workers
- keeping up-to-date as technology changes and develops
- helping East Lothian be a leader in supporting their communities in their online lives

we need your help!



Questions for you

menti.com | code 2495 7936



SCAN ME

What are the key issues or themes around digital wellbeing and safety that are most pressing for your service users, communities, and/or own families?



menti.com
code 2495 7936

What is your service already doing to engage families and young people in conversations around digital wellbeing?

Where and how in your service could the TechTalk comic, resources, and learnings enhance your provision?

Thank you

Carolyn Dineen

cdineen@eastlothian.gov.uk

Senior Librarian – Schools & Young
People's Services
East Lothian Libraries

Emma Laverie

elaverie1@eastlothian.gov.uk

Youth Development Officer
Connected Communities



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share your ending,
get a digital comic,
and find more info
at the QR code
above or at:

[padlet.com/
techtalkeastlothian/techtalk](https://padlet.com/techtalkeastlothian/techtalk)



Questions?